

Category	Product	Description
Breakfast Foods	Sweet Muffin	Freshly baked muffins. Varieties are raspberry cheesecake, chocolate brownie or blueberry crumble
Breakfast Foods	Banana Bread	Banana & Walnut bread (9 pieces)
Breakfast Foods	Fruit Toast	A blend of specialty fruits in a Schwob bread (loaf)
Breakfast Foods	Toasted Ham Cheese Tomato	Toasted Ham, Cheese & Tomato Sandwich
Breakfast Foods	Egg & Spinach Pot	Boiled Free Range Eggs and Spinach
Breakfast Foods	Bacon & Egg Breakfast Roll	Crispy bacon, whole free range egg and spicy tomato relish
Breakfast Foods	Jaffles - 3 Cheese	Three cheese jaffel with provolone, parmesan and cheddar
Breakfast Foods	Jaffles - Ham and egg	Shaved ham, provolone cheese, organic tomato relish and egg
Breakfast Foods	Bagel	Plain or cinnamon & raisin bagel
Breakfast Foods	Muesli Pots	Fresh apple, Greek yoghurt and Nashi's untoasted muesli
Breakfast Foods	Bircher Muesli	Nashi blend of Swiss style muesli with natural yoghurt, milk, banana and shredded apple
Breakfast Foods	Supergrain Muesli	A mix of super grains, cherries, cranberries, crunchy nuts and a hint of maple with yoghurt
Breakfast Foods	Porridge Pot	Nashi house blend of oats, cranberries, toasted almonds and coconut with hint of cinnamon and banana
Breakfast Foods	Yoghurt Pot	Greek style honey sweetened yoghurt with mixed berry puree
Breakfast Foods	Fruit Salad	Seasonal assorted fresh cut fruit
Breakfast Foods	Vegemite & Swiss Panini	Vegemite and Swiss cheese
Breakfast Foods	Breakfast Roti Wrap	Smoked Bacon, egg, hash brown, melted swiss cheese, mild chilli jam served on grilled roti bread
Sandwiches	Chicken Avo & Bacon	Chicken, avocado, oven baked crispy bacon, lettuce and Japanese mayonnaise
Sandwiches	Egg & Lettuce	Poached free range egg, chives, iceberg lettuce and Japanese mayonnaise
Sandwiches	Ham, Cheese & Tomato with Relish	Ham, tasty cheese and tomato with organic relish
Sandwiches	Oven roasted Turkey	Oven roasted turkey, cranberry, orange and mint chutney, french style cream cheese
Sandwiches	Classic Chicken	Poached chicken, Japanese mayonnaise, spring onion and rocket
Sandwiches	Super Salad	Beetroot, fresh tomato, tasty cheese, carrot, avocado, lettuce and Japanese mayonnaise
Sandwiches	Oven roast Chicken	Oven roasted chicken, piquant fruit chutney, toasted almonds, mayonaise and soft lettuce
Sandwiches	Corn Beef Bloomer	12 hour slow cooked corned beef, caramelized onions, sweet chilli relish, egg, spinach and mayonaise
Sandwiches	Chicken Avocado Bloomer	Poached chicken, Japanese mayonnaise, spring onion, avocado and rocket

Full Baguettes	Chicken Avo & Bacon	Chicken, avocado, oven baked crispy bacon lettuce & Japanese mayonnaise
Full Baguettes	Country Chicken	Country Chicken, Walnuts, Spring onion, Mayonnaise, Cos Lettuce
Full Baguettes	Super Salad	Beetroot, fresh tomato, tasty cheese, carrot, avocado, lettuce and Japanese mayonnaise
Full Baguettes	Ham & Brie	Freshly shaved ham, brie, rocket and Japanese mayonnaise
Full Baguettes	English Pub Cheddar	Jacks Cheddar, fruit chutney, rocket, spring onion, toasted almonds and japanese mayo
Full Baguettes	Thai Tuna	Tuna, coriander, parsley, pickled ginger, japanese mayo, hoisin sauce, oyster sauce, sweet chilli, lemon juice, shallots and cos lettuce
Wraps	Falafel	House made falafel with tahini yoghurt, preserved lemon, dukkah, tomato, cucumber, coriander, spinach & cos lettuce
Wraps	Roast Beef & Slaw	Roast beef, savoury cabbage, pink onion, raddish, mint slaw, Japanese & American mustard
Wraps	Thai Chicken	Marinated chicken with snow pea, daikon, peppers, coriander, lettuces, spicy aioli, oyster sauce and shallots
Wraps	Chicken Waldorf	Chicken breast, spring onion, walnuts, fresh apple, mayonaise and rocket
Panini	Chorizo Panini	Chorizo Sausage with eggs and chives
Panini	Texan Chicken Melt	Chicken breast, smokey honey chipotle, bbq sauce, jalapenos, melted swiss cheese and spinach
Panini	Tomato Bocconcini & Basil	Sundried cherry tomato, Bocconcini, spinach, green pesto, Grana Pandano Parmesan and olive oil
Panini	Nashi Panini	Ham, tomato, Goats cheese with fresh basil
Roti	Veggie Roti	Roast pumpkin and chickpea patty with spinach, spicy coriander pesto, hummus and herbs
Roti	Mexican Chicken Roti	Red curry marinated chicken, coriander, capsicum, snow pea, daikon and sweet chilli sauce
Roti	Crumbed Chicken Roti	Parmesan & Parsley crumbed Chicken with organic relish, provolone and rocket
Salads	Vegetarian Salad	Maple roasted carrots, balsamic beets, spicy brown rice, lentils, golden sultana, walnut and mint salad with hummus. GLUTEN & DAIRY FREE
Salads	Chicken Protein Salad	Sesame chicken breast, sugar snaps, snow peas, edamame beans, pickled daikon radish, pink ginger, broccoli, soy ginger sauce and baby spinach GLUTEN FREE
Salads	Mexican Chicken Salad	Grilled Chipotle salad of adzuki beans, sweetcorn, cranberry, jalapeno, coriander & pepita. Pico de gallo and avocado salsa and kasha GLUTEN FREE
Salads	Tuna & Farro Salad	Farro, red rice, fresh tuna, green pea, green bean, Gremolata, egg, dukkah, parsley, fresh lime juice and olive oil**Not gluten free & Contains nuts
Salads	Vegan Quinoa Salad	White Quinoa, Red Quinoa, Cauliflower, Dried Cranberries, Green Beans, Radish, Parsley, Edamame Beans, Coriander, Chickpeas, Kale, Spring onions & Salt and Pepper

Slices & Sweet Treats	Caramel Slice	
Slices & Sweet Treats	Chocolate Brownie	
Slices & Sweet Treats	Lemon Slice	
Slices & Sweet Treats	Gluten Free Cookie	Chocolate Chip or Anzac
Slices & Sweet Treats	Protein Balls	
Slices & Sweet Treats	Cookies	Charlies Cookies: Choc Salted Caramel or Muesli Choc Granola
Slices & Sweet Treats	House Cake	Whole cake - Serves 9 pieces
Nuts & Muesli Bars	Cashew nuts	
Nuts & Muesli Bars	Almonds	
Nuts & Muesli Bars	Nougat	
Nuts & Muesli Bars	Muesli Slice	A medley of fruit, coconut, oats, honey, golden syrup, sesame seed and sunflower seed (12 portions)
Taste of the world	Siam Chicken Baguette (Thailand)	Thai flavoured chicken, roma tomato, crispy shallots, cucumber and holy basil aioli
Taste of the world	Pork Katsu Sandwich (Japan)	Crispy panko crumbed pork schnitzel, ton katsu sauce and tangy horseraddish slaw
Taste of the world	Bento Box (Japan)	Chicken Breast, Rice Balls, Sesame seeds, pumpkin, japanese dressing, edaname beans, pickled ginger, seaweed salad
Taste of the world	Coronation Chicken Sandwich (UK)	Fragrant minted curry and mango chicken breast, currants, toasted almonds, lettuce, tomato and chutney
Taste of the world	Bourough Market Toasty (UK)	Raclette and gruyere cheese, slow braised leeks on sourdough